



PARTICIPANT INFORMATION

Division of Psychiatry & Applied Psychology
School of Medicine, Faculty of Medicine & Health Sciences

A study about primary school teachers, work and wellbeing

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Ethics Reference Number: 1009

This is an invitation to take part in a research study about the wellbeing of primary education teaching staff and their working environment: I want to find out about the challenges and stressors they currently report. I am Jamie Green, a senior occupational health nurse at APL Health (education sector occupational health company). This research is part of MSc in Workplace Health & Wellbeing that I am doing at the University of Nottingham.

To participate in the study, please click on the link at the bottom of page 2

This information tells you what it will involve.

Who is being asked to take part, and why?

There is not much research about primary school teachers. I am sending a request to full time primary school teachers. Some of these teachers will have affiliation with APL Health, but it does not matter to the research if you don't.

What will I be asked to do?

You will be asked to respond to an on-line survey about your work (for example, your workload, changes at work, support available to you at work) and wellbeing. It takes about 15 minutes to complete. There are 59 short questions, with 'tick box' answers. The questionnaire is anonymous. It does not ask for your name or school.

You are free to withdraw at any point before or during the study. Withdrawal does not require a reason. Because this questionnaire is anonymous, once you have completed and submitted the questionnaire it is not possible to withdraw the data because we won't know who you are.

Will the research be of any personal benefit to me?

No – but I hope it will be of interest to you and to managers in schools.

What will happen to the information I provide?

The raw data will be only viewed by myself and my supervisor and not shared with any third parties including. Once I have analysed and summarised the data, and my research project is completed, the data will be kept securely at the University of Nottingham.

If you would like to know the results of this study, a summary of the results, will be made available on the APL Health client area later in the year. I will also give this summary to my managers at APL Health. It is possible that the results might be published in a journal.

For those without access to the APL Health client area, an anonymous executive summary can be requested from me by contacting msxjig@exmail.nottingham.ac.uk.

Any questions?

If you have any questions or concerns, please don't hesitate to ask. We can be contacted before and after your participation at the above address.

If you have any concerns about your wellbeing after participation, you may contact the Education Support Partnership for confidential, emotional support with a trained counsellor contact 24/7 on 08000 562 561.

THANK YOU FOR YOUR PARTICIPATION

If you have any queries or complaints about this study, please contact the student's supervisor in the first instance. If this does not resolve the query to your satisfaction, please write to the Administrator to the Division of Psychiatry & Applied Psychology's Research Ethics SubCommittee (MS-DPAPEthics@nottingham.ac.uk, +44 (0)115 8232214) who will pass your query to the Chair of the Committee.

We believe there are no known risks associated with this research study; however, as with any online related activity the risk of a breach is always possible. We will do everything possible to ensure your answers in this study will remain anonymous minimising the risk by following the operating instructions of Bristol Online Surveys and maintaining data analysis practices as outlined above.

To participate in the study, please click on the link below.

<https://nottingham.onlinesurveys.ac.uk/teacher-work-and-wellbeing-study>